



ELSEVIER

## LETTER

### *The Reply:*

Ligthelm and Calle review important data about the INITIATE study using biphasic insulin aspart 30. I am in complete agreement that premixed insulin analogues offer advantages compared with basal insulin alone. My point was that for an individual premeal measurement of hyperglycemia, when one would prefer to administer only a rapid-acting analogue to correct the blood glucose, using a pen with a mixture of aspart and protamine insulin would be far from ideal. It seems reasonable that to best reduce

glycemic exposure one would use only the rapid-acting analogue.<sup>1</sup> With pen therapy, this would necessitate an extra injection that some patients are reluctant to do.

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## Reference

1. Hirsch IB. Insulin analogues. *N Engl J Med.* 2005;352:174-183.